

ProgressDC

PROfessional GRowth through Education in the Sport Sector by pursuing a Dual Career

Beyond the Finish Line: Empowering Athletes for Life After Sport

PRESS RELEASE IV - August 2026

Project Agreement Number: 101185294

Co-funded by the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

PROGRESS DC Delivers Curricula and Training Materials for the DC Adviser Role (D3.1)

As part of **Work Package 3 – "Training of DC Advisers within Sport Organisations to Support Athletes' Dual Careers"**, the PROGRESS DC consortium is pleased to announce the completion of **Deliverable D3.1: Curricula and Training Materials for DC Adviser Training.**

What is a DC Adviser?

One of the key innovations of PROGRESS DC is the introduction of the Dual Career (DC) Adviser, a new professional role within sports organisations. A DC Adviser may be a coach, sport psychologist, team manager, HR professional or another member of staff who will be trained to support professional athletes in planning and pursuing a dual career, both during and after their sporting career.

By developing in-house expertise in dual career guidance, sports clubs and organisations will be better equipped to help athletes strengthen their employability, develop transferable skills and successfully transition into the labour market beyond professional sport.

What Does D3.1 Include?

The curriculum has been designed to equip future DC Advisers with the knowledge, skills and practical tools required to effectively support professional athletes throughout their dual career journey. Developed in **English, Greek, Polish and Romanian**, the curriculum provides a structured learning pathway that combines theoretical knowledge with practical guidance for real-life advisory practice.

The curriculum includes:

- Training duration and structure
- Learning outcomes
- Key topics covered in the training
- Training materials and educational tools

The Five Training Modules.

The DC Adviser training programme has been structured into five modules, each addressing a distinct area of competence needed to support athletes through their dual career journey:

Module 1 – Working within the Labour Market Context (EU, National, Regional, Local)
Introduces DC Advisers to the broader labour market landscape in which athletes' dual careers unfold, from EU-level frameworks down to local employment realities.

Module 2 – Working with Job Seekers (Athletes)
Focuses on the specific needs, motivations and challenges of athletes as job seekers, and how DC Advisers can effectively support them.

Module 3 – Working with Employers (Sports Clubs, Sports Organisations and Services)
Equips DC Advisers with the skills to engage sports clubs, organisations and service providers as potential employers or partners for athletes' dual careers.

Module 4 – Matching Jobseekers (Athletes) with Employers (Sports Organisations, Clubs)
Covers the practical process of matching athletes with suitable job or placement opportunities within sports organisations and clubs.

Module 5 – Professional Networking, Communication and Self-Management for DC Advisers
Strengthens the DC Advisers' own professional skills, helping them build networks, communicate effectively and manage their advisory role.

Each module is accompanied by a set of **evaluation questions,** allowing trainees to test their understanding of the material and supporting the overall assessment process ahead of the DC Adviser certification.



What's Next?

The completion of D3.1 marks an important milestone for the PROGRESS DC project and provides the foundation for the next activities under Work Package 3, including the development of the certification scheme, the assessment tool, and the delivery of the training programme to the first cohort of DC Advisers across the participating countries.

Project Website:
www.progressdc.projectsgallery.eu

Visit our social media:

Coordinator:

MMC Mediterranean Management Centre

Contact Us:

Address: 16, Imvrou Street, 1055 Nicosia, Cyprus
Tel. No: +357 22466633
E-mail: europeanprojects@mmclearningsolutions.com
Website: www.mmclearningsolutions.com

Partners:

Π.Α.Ε.Γ.Ε.Κ. ΚΕΡΥΚΕΙΑ - ΕΠΙΣΤΡΟΦΗ

DIMITRA educational organization

ΕΑΛ ΠΗΓΑΣΟΣ 1968

IRON MAN TOWARZYSTWO SPORTOWE

ACTA Aristotle Certification Training & Assessment
Spin Off Aristotle University of Thessaloniki

Scout Society

Co-funded by the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.